Securing Sexuality Conference 2023

Detroit, MI
October 19 & 20

Securing Sexuality Education Program and Continuing Education (CE) Session Information

This document is provided for CE program participants and summarizes key information for each CE session presented at the Securing Sexuality 2023 conference, held in Detroit, Michigan from October 19-20th, 2023.

This educational event is co-sponsored by The Bound Together Foundation and the Community-Academic Consortium for Research on Alternative Sexualities (CARAS). CARAS is approved by the American Psychological Association to sponsor continuing education for psychologists. CARAS maintains responsibility for this program and its content.

Securing Sexuality is an Approved CE Provider of the American Association of Sexuality Educators, Counselors, and Therapists (AASECT).

Securing Sexuality is partnering with Wayne State University School of Social Work, which is approved by the Michigan CE Collaborative to sponsor CEs for Social Workers.

Securing Sexuality 2023 Conference - October 19 & 20

Executive Summary

Securing Sexuality is the first mental health conference to bring together cross-disciplinary experts from the fields of psychology, social work, counseling, law, ethics, and privacy/security to educate clinicians about emerging legal and ethical issues that impact marginalized communities and the clinicians who treat them, to increase providers cultural competency around social media and technology usage in these communities and to provide concrete guidance and action steps that providers can take to remain safe in digital spaces and on the right side of an ever-shifting legal landscape in America.

Continuing Education: General Information and Procedures

The target audience for Continuing Education (CE) activities presented at the 2023 Securing Sexuality Conference are post-doctoral psychologists. Other healthcare professionals may also be able to use CE credits to support licensure requirements, including but not limited to mental healthcare clinicians, including: Marriage and Family Therapists, Social Workers, and other mental health counselors. Please note that you must contact your licensure organization and submit information addressing your participation in CE sessions, in accordance with the requirements of the licensure organization. Securing Sexuality will keep your information on file as required by the sponsor-approval organizations.

Schedule: The detailed schedule for 2023 Securing Sexuality Conference events is provided on our website at https://www.securingsexuality.com/schedule.html

Access Accommodations: Please contact Michelle Green, Operations Manager, for any needed access accommodations for CE events at SecuringSexuality@ProtonMail.com.
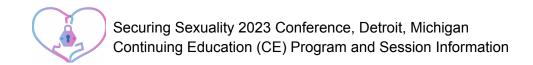
CE Session Sign-in/Sign-Out

-   Please note that completion of the Sign-in and Sign-out form for each session is a requirement for Continuing Education (CE) credit.
-   Each session will have a unique QR code placed prominently on podium.
-   As attendees arrive, the Room Monitor will encourage them to scan the QR code to sign in.
-   Room Monitor will make an announcement prior to introducing the speaker encouraging attendees to scan in and out for CE credit.
-   Room Monitor will take written note of late arrivals, as well as anyone leaving the talk early.

Cost: As part of your ticket purchase to the 2023 Securing Sexuality Conference, CE credits are provided at no additional cost.

Certificate of Attendance: A CE Certificate of Attendance will be emailed to participants within 30 days after the event. The title of the session, the date, and the name of the presenter will be included on the certificate. The total number of CE credits will be clearly indicated on the Certificate of Attendance.

Complaint Resolution: The CARAS complaint resolution procedure for CE events may be found at https://caras-researchlink.org/education. If you have any questions or complaints, please email SecuringSexuality@ProtonMail.com.

Thursday, October 19th

Believe Them: ADHD, AFAB, and Online Social Support Systems

1 CE credit

Abstract:
ADHD is one of the most researched neurological disorders. That has not been the case for AFAB people and their experiences of ADHD over their lifespans. More specifically there has been no investigation of their experiences sexually and how ADHD may impact their experiences and their ability to experience sexual pleasure and connect with partners. In this talk, listeners can expect to learn how AFAB people describe their understanding of how their symptoms of ADHD impact their sexual experiences and their bodies generally. Also expect to learn about how online communities on Reddit have become huge places of support, misinformation, solidarity, and sharing of personal medical information. Listeners will also receive tips for improving their sexual experiences that are supportive of ADHD or other neurodivergence.

Learning Objectives:
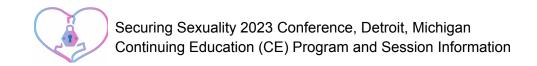At the end of this session, participants will be able to:

- Identify and correct at least three pervasive myths about ADHD specific to AFAB people.
- Analyze first-person experiences with ADHD symptoms and sexual functioning and respond appropriately.
- Describe the benefits of online community support for clients while also exploring of the risks.

About the Presenter
Erika Miley, PhD, LMHC (Dr. E) is a passionate therapist, researcher, podcaster, crocheter…mom..and expert in helping people who are neurodiverse, dealing with sexual trauma, and eating disorders. Erika earned her Bachelor's in Psychology, and Master's in Clinical Mental Health Counseling from Whitworth University. She defended her PhD in Clinical Sexology from Modern Sex Therapy Institutes doing quantitative and qualitative research on cis-women's experience with ADHD and how it impacts their sexual functioning. She is currently

licensed in Washington State, and Colorado, and owns a group practice. She also continues to do research on neurodiverse populations especially since the sex lives of people who are differently abled has been so ignored and stigmatized. Erika has been the host of the show Sex Talk with Erika Miley for the past 5 years with well over 125,000 downloads.

References:

Comings, Chen, T. J. H., Blum, K., Mengucci, J. F., Blum, S. H., & Meshkin, B. (2005). Neurogenetic interactions and aberrant behavioral co-morbidity of attention deficit hyperactivity disorder (ADHD): dispelling myths. Theoretical Biology and Medical Modelling, 2(1), 50–50. https://doi.org/10.1186/1742-4682-2-50

Fuller-Thomson, E., Lewis, D. A., & Agbeyaka, S. K. (2016). Attention-deficit/hyperactivity disorder casts a long shadow: findings from a population-based study of adult women with self-reported ADHD. Child : Care, Health & Development, 42(6), 918–927. https://doi.org/10.1111/cch.12380

Mastoras, Saklofske, D. H., Schwean, V. L., & Climie, E. A. (2018). Social Support in Children With ADHD: An Exploration of Resilience. Journal of Attention Disorders, 22(8), 712–723. https://doi.org/10.1177/1087054715611491

Margherio, S. M., Capps, E. R., Monopoli, J. W., Evans, S. W., Hernandez-Rodriguez, M., Owens, J. S., & DuPaul, G. J. (2021). Romantic Relationships and Sexual Behavior Among Adolescents With ADHD. Journal of Attention Disorders, 25(10), 1466–1478. https://doi.org/10.1177/1087054720914371

Yeung, A., Ng, E., & Abi-Jaoude, E. (2022). TikTok and Attention-Deficit/Hyperactivity Disorder: A Cross-Sectional Study of Social Media Content Quality. Canadian Journal of Psychiatry, 67(12), 899–906. https://doi.org/10.1177/07067437221082854

"Screw You, Pay Me"- The Problem of Banking Access for Sex Therapists, Sexuality Educators, and Other Sex-Related Workers

1 CE credit

Abstract:

As we engage in discussions surrounding financial inclusivity, one cannot overlook the persistent problem of financial marginalization for sex-related workers. The systemic and institutional biases against this industry, encompassing a diverse range of professionals – content creators, sex workers, sex educators, and sexologists – persistently hamper their financial autonomy and career decision-making processes. In this talk, Shakun Sethi will peel back the layers on this often-overlooked aspect of financial accessibility, unpacking sex-related workers' difficulties in accessing essential banking and financial services. We will examine historical and socio-cultural underpinnings that have contributed to the prevailing prejudices and resulting institutional discrimination.

Yet, this discourse is more than just a dissection of the challenges. It is also a quest to explore innovative and pragmatic solutions that can bridge the gap between sex-related professionals and their rightful access to financial services. Join Shakun Sethi in this enlightening conversation as we grapple with the intricate intersection of social norms, professional biases, financial rights, and the need to disrupt and dismantle entrenched barriers. By doing so, we aim to construct a more equitable vision for financial access that recognizes and respects all forms of work and promotes individual autonomy in career choices.

Learning Objectives:
At the end of this session, participants will be able to:

- **D**escribe at least three challenges facing clients and providers who do sex-related work (including mental health providers and educators) and the impact these have on career and quality of life.
- Describe at least three systemic barriers that prevent providers and clients from achieving financial and economic independence.
- Assess themselves and their practice for sex-work-related biases and barriers to accessing, affording, and paying for mental health care.

About the Presenter
Shakun Sethi is the CEO & Founder of TickleLife, a sex education platform, and TickleCharge, which focuses on providing unrestricted business, IT, and service infrastructure for high-risk businesses. Her full bio is coming soon.

References:

Antebi-Gruszka, N., Spence, D., & Jendrzejewski, S. (2019). Guidelines for mental health practice with clients who engage in sex work. *Sexual and Relationship Therapy*, 34(3), 339–354. https://doi.org/10.1080/14681994.2019.1573978

Grittner, A. L., & Walsh, C. A. (2020). The Role of Social Stigma in the Lives of Female-Identified Sex Workers: A Scoping Review. Sexuality & Culture, 24(5), 1653–1682. https://doi.org/10.1007/s12119-020-09707-7

Sawicki, D. A., Meffert, B. N., Read, K., & Heinz, A. J. (2019). Culturally competent health care for sex workers: an examination of myths that stigmatize sex work and hinder access to care. *Sexual and Relationship Therapy*, 34(3), 355–371. https://doi.org/10.1080/14681994.2019.1574970

Tomko, C., Nestadt, D. F., Rouhani, S., Silberzahn, B. E., Haney, K., Park, J. N., Galai, N., Logie, C. H., & Sherman, S. G. (2021). Confirmatory Factor Analysis and Construct Validity of the Internalized Sex Work Stigma Scale among a Cohort of Cisgender Female Sex Workers in Baltimore, Maryland, United States. *The Journal of Sex Research*, 58(6), 713–723. https://doi.org/10.1080/00224499.2020.1755821

You Give Love a Bad Name: Social Engineering and Violence Against Women in Online Dating

1 CE credit

Abstract:
With an estimated 8,000 sites and 366 million users globally, the online dating industry generated $2.86 billion in 2022 and is expected to reach $3.6 billion by 2025. However, these platforms serve as conduits for an assortment of crimes, such as scams, stalking, sexual harassment, rape and assault, and murder. This paper explores the current state of violence against women via online dating platforms through the lens of social engineering (psychological persuasion to manipulate individuals), how they manifest online and offline, and proposes how online daters can empower themselves by using the social engineering framework to protect themselves. It also highlights the potential future of online dating crimes with the increase in deepfakes, ChatGPT, and artificial intelligence.
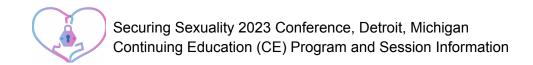
Learning Objectives
At the end of this session, participants will be able to:

- **E**xplain three ways in which women are targeted for exploitation or abuse online and be prepared to explain these risks to clients identifying as women.
- Define social engineering and offer at least three examples of social engineering in a dating/romance context that can impact client and provider safety.
- Analyze social engineering methods and proactively apply them to improve safety for themselves and clients, particularly in assessing new client inquiries.

About the Presenter
Dr. Aunshul Rege is an Associate Professor & Director of the CARE Lab at Temple University. She is part of the Social Engineering Community at Defcon & on the Advisory Board of Raices Cyber, Black Girls Hack, and Breaking Barriers Women in Cybersecurity. Dr. Rege has a B.Sc. in Computer Science, a B.A. & M.A. in Criminology, and a M.A. & Ph.D. in Criminal Justice. Her work is funded by several National Science Foundation grants and featured by BBC World Service, Security Week, and Dark Reading.

References:

Díaz-Aguado, M. J., & Martínez-Arias, R. (2022). Types of Male Adolescent Violence Against Women in Three Contexts: Dating Violence Offline, Dating Violence Online, and Sexual Harassment Online Outside a Relationship. *Frontiers in Psychology*, 13, 850-97. https://doi.org/10.3389/fpsyg.2022.850897

Finn, Jerry & Banach, Mary. (2000). Victimization Online: The Down Side of Seeking Human Services for Women on the Internet. *CyberPsychology & Behavior*. 3(2), 243-54. https://doi.org/10.1089/109493100316102

Morelli, M., Bianchi, D., Chirumbolo, A., & Baiocco, R. (2018). The cyber dating violence inventory. Validation of a new scale for online perpetration and victimization among dating partners. European Journal of Developmental Psychology, 15(4), 464–471. https://doi.org/10.1080/17405629.2017.1305885

Rege, A. (2009). What's Love Got to Do with It? Exploring Online Dating Scams and Identity Fraud. *International Journal of Cyber Criminology*, 3(2), 494.

The Rise of Digital Sex Work

1 CE credit

Abstract:
The Internet has revolutionized sex work perhaps more than any other profession. Today's sex workers go online to attract clients, shape personas, share information, screen potential clients, and build community. The Rise of Digital Sex Work is an intimate look into the changing face of the industry, telling the stories of workers themselves and revealing how they use the internet to share information, grow their businesses, and establish global communities.

Kurt Fowler takes us inside the lives of sex workers who provide a variety of services: web-camming, dominatrix work, burlesque, and escorting. He provides insight into how race, class, and privilege affect their work and the role the internet has played in their professional journeys. Drawing on in-depth interviews with fifty workers from the United States, England, Canada, Germany, Australia, South Africa, and other industrialized countries, Fowler explores how they first entered the profession, how they manage their daily business and client relationships, their use of digital technology for safety and as a broader social resource, the role race plays in their work, and how they view their own level of risk and that of fellow sex workers. Fowler provides a look inside sex workers' digital worlds, as well as the complex meanings they attach to their experiences in their line of work.
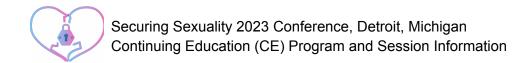
Learning Objectives
At the end of this session, participants will be able to:

- Explain how sex work is a valid form of labor with many styles and varieties.
- Evaluate sex work legislation and explain relevant issues to sex worker clients.
- Describe best practices for inclusion of sex workers in policy debates and discussions, centering ethical principles of autonomy and self-determination for their clients.

About the Presenter
Kurt Fowler is a professor of criminal justice at Penn State Abington, he earned his doctorate from Rutgers University in 2019 and publishes frequently on digital deviance and the role of technology in criminal justice. His book -The Rise of Digital Sex Work- examines how virtual communities facilitate safety, security, and best practices for providers all over the world.

References:

Barwulor, C., McDonald, A., Hargittai, E., & Redmiles, E. M. (2021). "Disadvantaged in the American-dominated Internet": Sex, Work, and Technology. Proceedings of the 2021 CHI Conference on Human Factors in Computing Systems (pp. 1-16 https://doi.org/10.1145/3411764.3445378). New York, NY: Association for Computing Machinery.

Benoit, C., Jansson, S. M., Smith, M., & Flagg, J. (2018). Prostitution Stigma and Its Effect on the Working Conditions, Personal Lives, and Health of Sex Workers. The Journal of Sex Research Vol 55, Issues 4-5, 457-471.

Luchenski, S., Maguire, N., Aldridge, R. W., Hayward, A., Story, A., & Perri, P. (2018). What works in inclusion health: overview of effective interventions for marginalised and excluded populations. The Lancet Vol 391, Issue 10117, 266-280.

Machat S, Lyons T, Braschel M, et al. (2022). Internet solicitation linked to enhanced occupational health and safety outcomes among sex workers in Metro Vancouver, Canada 2010–2019 Occupational and Environmental Medicine; 79:373-379.

Manosphere for Sale

1 CE credit

Abstract:
Scientists have described a surge in a manosphere 'protection racket', where online influencers create an imaginary threat, then sell the solution back to men (Bujalka et al., 2022). Semen retention/NoFap are anti-masturbation groups in the manosphere. They have become the most popular male sexual health topic on TikTok and Instagram, which appears to be primarily medical disinformation (Dubin et al., 2022) selling various services to help men remain abstinent from masturbation. Many of their accounts claim to offer cures for "erectile dysfunction", typically defined inappropriately as any erectile variability. Many of these accounts also claim to cure "pornography addiction", which is not a recognized diagnosis in any nomenclature. Some of the groups have opposed the scientific study of their claims by threatening scientists' safety and careers and that of their families, a tactic first described in research on terrorism, to intimidate the study of these public health claims. This talk will review the available data on the claimed health effects and violence present in these online groups, both online and real-world associations with mass murders. Clinical interventions are being designed to assist young men in leaving these manosphere groups due to the likelihood of harm.

Learning Objectives
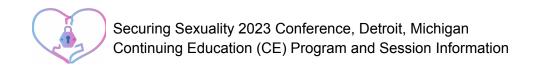At the end of this session, participants will be able to:

- **D**escribe the health claims being made by manosphere groups for which clients may seek help.
- Iidentify pathological symptoms that involvement with these groups may increase.
- Describe theoretical models of manosphere terrorism to identify potentially effective interventions that assist men leaving these groups.

About the Presenter
Nicole Prause, Ph.D. is a clinical scientist specializing in sexual psychophysiology to understand approach motivation and pleasure. Her background in statistics and neuroscience has led a number of grant funds to develop protocols unique in the field, including the interactions of intimate partners, stimulation through orgasm, and, most recently, natural language processing applied to violent anti-sexuality online groups. She is currently at the University of California, Los Angeles in the Department of Medicine supporting studies of alcohol and opioid abuse

disorders and leading an investigation with Drs. Lorenz and Haselton concerning "post-orgasmic illness syndrome" in the laboratory.

References:

Chasioti, D., & Binnie, J. (2021). Exploring the Etiological Pathways of Problematic Pornography Use in NoFap/PornFree Rebooting Communities: A Critical Narrative Analysis of Internet Forum Data. *Archives of Sexual Behavior, 50*, 2227-2243.

Dubin, J. M., Aguiar, J. A., Lin, J. S., Greenberg, D. R., Keeter, M., Fantus, R. J., . . . Halpern, J. A. (2022). The broad reach and inaccuracy of men's health information on social media: analysis of TikTok and Instagram. *International Journal of Impotence Research*, https://doi.org/10.1038/s41443-022-00645-6.

Horta Ribeiro, M., Blackburn, J., Bradlyn, B., De Cristofaro, E., Stringhini, G., Long, S., Greenberg, S., & Zannettou, S. (2021). The Evolution of the Manosphere across the Web. *Proceedings of the International AAAI Conference on Web and Social Media*, *15*(1), 196-207. https://doi.org/10.1609/icwsm.v15i1.18053

Prause, N., & Binnie, J. (2022). Reboot/NoFap Participants Erectile Concerns Predicted by Anxiety and Not Mediated/Moderated by Pornography Viewing. *Journal of Psychosexual Health, Vol 4 Issue 4*, https://doi.org/10.1177/26318318221116354.

Polyamorous and Kink Community Use of Discord for Organizing

1 CE credit

Abstract:
Historically, online interactions of both polyamorous and kink communities have been held in private and quasi-anonymous groups on Facebook, Fetlife, and other social media. Because of Term of Service concerns on Fetlife (a major kink social network) many kink organizers have moved to Discord servers in order to discuss community issues of safety, even if they are not using them for primary event organization.

Additionally, because of privacy concerns (there were major security leaks at some of these sites in the last few years) and features offered by Discord, polyamorous and kink communities began using these during the pandemic for social organization. Increasingly they are used by both communities to replace Fetlife, Twitter, and Facebook groups, lists, and events of the past. Community leaders are increasingly expected to also be server moderators.

There are positive and negative effects of this; on the positive side the greater and more granular controls of how to admit people to smaller sub-communities are often helpful for safety and sharing information about consent violations and abuse that was banned under the fetlife ToS and required vagueposting and innuendo to work around. It also allows for wider-scale and non-local polycule organization and socializing - there are the equivalent of Facebook groups for polyam people organized by interests, regions, or for extended polycules organized like kinship and support networks.

On the negative side, because these discord-server communities require invitations, are a step more private & a step more technically involved than the previously existing options on facebook and fetlife (which just required registering for accounts and knowing that groups existed), there is a greater level of difficulty of access for new members of community. This can be a challenge for folks joining these communities, for older folks in the community who don't want a heavily digital experience, and for organizers who are trying to bridge the gap between in person and digital communities.

The technical "buy-in" can also be a little high for the folks who are typically the most involved in social organization in polyam communities - the young women and mothers who fuel buy-nothing groups, free-barter-help pages, etc, and do a lot of the scheduling behind polycules were (are) slower to adopt Discord as a platform and moderate in different styles than the

stereotypical mods of these groups. The pandemic to some extent drove adoption of the platform by this group.

This talk addresses the shifts in use by these communities to organize local and regional communities for safety & social organization purposes from 2019 to date, with a focus on the New England kink and polyamorous scenes as case studies.
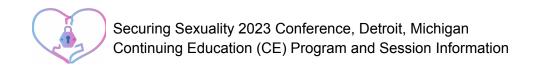
Learning Objectives
At the end of this session, participants will be able to:

- Describe the challenges and common work-arounds of sharing safety, consent violation, and abuse information within the kink community.
- Assess effects of different venues of organizing for these communities and explain these differences to clients.
- Describe the small and medium scale social-organizing purposes of "extended polycules" and local polyamorous communities.

About the Presenter
Laura Boyle is a well-known relationship coach and sexuality educator focused on consensual non-monogamy and kink. She created and maintains the most-cited online polyamory glossary, hosts the Ready for Polyamory Podcast, and has been featured in many national publications, including The Economist, Cosmopolitan, and Parents magazine. She is the author of Ready for Polyamory: A Pragmatic Guide to Consensual Non-Monogamy.

References:
Colosi, R., & Lister, B. (2019). Kinking it up: An exploration of the role of online social networking site FetLife in the stigma management of kink practices. *Papers from the British Criminology Conference* (pp. 5-24). London, UK: British Society of Criminology.
Mahar, E. A., Irving, L. H., Derovanesian, A., Masterson, A., & Webster, G. D. (2022). Stigma Toward Consensual Non-Monogamy: Thematic Analysis and Minority Stress. *Personality and Social Psychology Bulletin*, https://doi.org/10.1177/01461672221139086.
Pitagora, D. (2016). The kink-poly confluence: relationship intersectionality in marginalized communities. *Sexual and Relationship Therapy 31(3)*, 391-405.
Rubinsky, V. (2018). "Sometimes It's Easier to Type Things Than to Say Them": Technology in BDSM Sexual Partner Communication. *Sexuality & Culture, 22*, 1412-1431.

Surveillance Without Borders: Anti-Trans Tracking Across America

1 CE credit

Abstract:
With growing numbers of states enacting anti-trans legislation to attack gender-affirming medical care and full public participation in public life for trans residents, it's easy to think that more progressive states will be a safe haven. Sadly, the ever-growing power of surveillance technology and increasing political pressure to apply culture war legislation extraterritorially may soon create a dynamic where state officials seek to track and punish healthcare and other activity beyond their borders. Whether it's tracking out-of-state residents who visit for a brief period, or monitoring when residents secure medical treatment out of state, surveillance is poised to give many state-level initiatives national power and lay the framework for a constitutional crisis.

Learning Objectives
At the end of this session, participants will be able to:

- Describe at least three modern forms of police surveillance and explain their impact on gender minorities.
- Critique extraterritorial application of state law, from an ethical framework of autonomy, privacy, and self-determination.
- Explain at least three privacy preserving countermeasures that may be used when offering psychoeducation to gender nonconforming clients and clients capable of pregnancy.

About the Presenter:
Albert Fox Cahn is the Surveillance Technology Oversight Project's (S.T.O.P.'s) founder and executive director. He is also a Practitioner-in-Residence at N.Y.U Law School's Information Law Institute and a fellow at Yale Law School's Information Society Project, Ashoka, and TED. As a lawyer, technologist, and activist, Albert has become a leading voice on how to govern and build the technologies of the future. He started S.T.O.P. with the belief that local surveillance is an unprecedented threat to public safety, equity, and democracy. Albert is a frequent commentator, with more than 100 articles in the New York Times, Boston Globe, Guardian, WIRED, Slate, NBC Think, Newsweek, and other publications. His TED Talk has been viewed hundreds of thousands of times. Albert received his J.D., cum laude, from Harvard Law School

(where he was an editor of the Harvard Law & Policy Review), and his B.A. in Politics and Philosophy from Brandeis University.

References:

Beauchamp, T. (2019). *Going Stealth: Transgender Politics and U.S. Surveillance Practices.* Durham, NC: Duke University Press.

Fischer, M. (2019). *Terrorizing Gender: Transgender Visibility and the Surveillance Practices of the U.S. Security State.* Topeka, NE: University of Nebraska Press.

Lee, J., Darmon, N., Lokhandwala, S., Sikdar, A., Upadhyay, S., & Manis, E. (2023, July 18). *Roadblock to Care: Barriers to Out-Of-State Travel for Abortion and Gender Affirming Care.* Retrieved from Surveillance Technology Oversight Project: https://www.stopspying.org/roadblock-to-care

Pellicane, M. J., & Ciesla, J. A. (2022). Associations between minority stress, depression, and suicidal ideation and attempts in transgender and gender diverse (TGD) individuals: Systematic review and meta-analysis. *Clinical Psychology Review, Vol 91*, https://doi.org/10.1016/j.cpr.2021.102113.

Safeguarding Pleasure: Navigating Risks in Internet-Connected Sex Toys

1 CE credit

Abstract:
The world is increasingly connected by the Internet of Things (IoT), and adult sex toy devices have not been left behind. In this presentation, you will learn the fundamentals of how these Internet-connected adult toys function and the potential risks associated with their online connectivity. We will review what to consider when purchasing and cover strategies to help mitigate risks during setup and usage. Additionally, we will address the unique challenges that arise during the dissolution of a relationship with a partner with whom the device was previously shared. Much of this advice also applies to those who might use these devices professionally, and we will also highlight additional concerns and considerations for those working in the adult industry or involved in adult device manufacturing.

Learning Objectives
At the end of this session, participants will be able to:

- Describe three key characteristics of internet-connected devices that are relevant to the security of adult toys.
- Describe risks present to home and professional users of internet connected adult devices.
- Describe strategies that clients can use to help mitigate risks when setting up internet connected adult devices.

About the Presenters
Brad "RenderMan" Haines" has been hacking things his whole life, but has been doing it professionally for over 20 years. Based out of Edmonton, Alberta, Canada, he has done work to expose vulnerabilities in wireless networks, Government and corporate networks around the world, Air Traffic Control systems, and most recently, connected sex toys. He is the founder of the Internet of Dongs project (https://internetofdon.gs) where he and his wife, Circuitswan, work to educate consumers, retailers and the smart sex toy industry about safety and security issues before they become front page news.

Nicole Schwartz (a.k.a. CircuitSwan) speaks about DevSecOps, Agile, Diversity & Inclusion, and Women in Technology. She is currently a Product Manager at ActiveState, the deputy Chief Operating Officer in charge of Pre-Event Planning for The Diana Initiative, one of the organizers

for the SkyTalks village at DEF CON, and one of the Security Researchers at Internet of Dongs. When not worrying about the above (rare) she is mom to a giant rabbit and 2 tuxedo cats while reviewing tea.

References:

Gesselman, A. N., Kaufman, E. M., Marcotte, A. S., Reynolds, T. A., & Garcia, J. R. (2023). Engagement with Emerging Forms of Sextech: Demographic Correlates from a National Sample of Adults in the United States. *The Journal of Sex Research, Vol 60 Issue 2*, 177-189.

Kirana, E., & Tripodi, F. (2020, August 25). *Sexual relationships during the lockdown: adjusting sexual counselling and therapy to the restriction of quarantine.* Retrieved from ESSM Today: https://sexologysupervisors.org/wp-content/uploads/2022/03/9_ESSM-Today-2020_2.pdf

Power, J., Moor, L., Anderson, J., Waling, A., James, A., Shackleton, N., . . . Dowsett, G. W. (2022). Traversing TechSex: benefits and risks in digitally mediated sex and relationships. *Sexual Health 19(1)*, 55-69 https://doi.org/10.1071/SH21220.

Varod, S., & Heruti, R. J. (2023). The sextech industry and innovative devices for treating sexual dysfunction. *International Journal of Impotence Research*, https://doi.org/10.1038/s41443-023-00731-3.

Dating Like a Hacker: Securing Do's and Don'ts for Personal and Professional Profiles

1 CE credit

Abstract:
In a time when human connection increasingly occurs online, understanding the principles of privacy and cybersecurity becomes crucial, both professionally and personally. From dating profiles to Psychology Today listings, being asked to identify ourselves in deeply personal ways has become a new norm in online social engagement... but should we be doing this at all? And if so, how can we do so in a way that preserves as much of our individual privacy as possible? In this talk, participants will delve into practices to help ensure their digital footprints are secure and their identities are shielded from harmful entities, explore strategies derived from ethical hacking to protect ones online data and privacy, and learn to conduct a self-audit for online vulnerabilities. By harnessing the mindset of a hacker, attendees will learn to navigate their digital lives with greater assurance of safety and control.

Learning Objectives
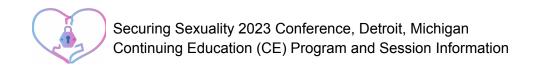At the end of this session, participants will be able to:

- Assess the information they are displaying online in their personal and professional profiles and identify at least 2 steps they can take to minimize risks that this profile information may present..
- Explain the current information reporting requirements for healthcare providers and identify at least 3 ways in which providers can obfuscate their protected personal information (PPI) while meeting reporting standards
- Describe how to leverage digital tools to monitor their online reputation and address incorrect or malicious information posted by others.

About the Presenter:
Rachel Arnold is The Human API. Her insider knowledge and expertise has made her an invaluable resource for teams, clients, and vendors alike. Rachel is also the marketing director for the ISACA Baton Rouge chapter, an avid supporter and member of the InfraGard Members Alliance Louisiana, passionate volunteer and fundraising dynamo for the Innocent Lives Foundation, and supports a local program within the East Baton Rouge school system, Career and Technical Education Center as an industry advising member of the board. Rachel hosts a weekly live stream across five social media platforms, The Coffee Table Talks which aims to humanize cybersecurity across the industry and highlight positive influences to the global

community. In a short amount of time, Rachel has solidified herself as a true connector of people and technology as a human API.

References:

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Wardi-Zonna, K., Hardy, J. L., Sanders, E. M., & Hardy, R. M. (2020). Mental Health Professionals and the Use of Social Media: Navigating Ethical Challenges. *International Journal of Social Work Values & Ethics*, *17*(2).

Reconnecting to the Sexual Self After Trauma: Using Sex Toys as a Therapeutic Tool

1 CE credit

Abstract:
Survivors of trauma often struggle to feel sexually connected to themselves and others. Sex therapists, coaches and educators must be prepared to understand and help their clients navigate the special challenges to sexual health and wellness presented by past experiences of trauma. This workshop will be presented by a sex therapist specializing in trauma, and a trauma informed sex researcher specializing in using sex toys for sexual health promotion.
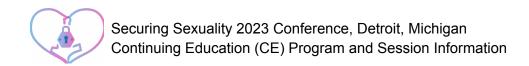
The workshop will begin with an accessible overview of how trauma impacts sexuality with findings from research, as well as offering some key techniques for working with survivors in clinical and professional settings. From there, we will offer guidance on how professionals can empower clients to embark on a solo pleasure practice using sex toys such as vibrators and dilators. Sex toys can often facilitate survivors reconnecting to their bodies and sexuality in a safe, pleasurable way, and in many cases they can also prepare them to explore partnered intimacy as well, if desired. We will discuss how to address any internalized stigma or discomfort around the idea of using sex toys therapeutically, and present several case studies from people who have successfully used these methods for healing and integration to help attendees understand how sex toys can best be used for therapeutic purposes. We will discuss recommended techniques for navigating specific issues such as vaginismus, pelvic pain, emotional flooding, and dissociation. Lastly, selecting a sex toy can be a very confusing and costly process, so we will also offer research-based recommendations for sex toys with specific therapeutic value, to cut down on the guesswork around selecting the best toy for an individual's needs.

Please note: this workshop will center working trauma survivors with vulvas/vaginas as this reflects the area of research and expertise of the presenters, we acknowledge that survivors of trauma include people of all sexes and genders.

Learning Objectives
At the end of this session, participants will be able to:

- Describe how sexual trauma can affect sexual function and howaffect regulation skills can support clients.

- Describe the therapeutic value of incorporating sex toys into sexual trauma recovery and identify appropriate toys for optimal recovery.
- Describe research-based recommendations for shopping for sex toys for clients and clinicians alike.

About the Presenters

Bianca Alba is a Chicago-based sex educator, sexual health coach, and journalist. She received her MPH from Indiana University Bloomington in 2014, where she assisted with research at the Center for Sexual Health Promotion and the Kinsey Institute. She created the New York Times' Wirecutter's guides to sex toys and condoms in 2014, and continues to update them regularly. She has written for the Kinsey Confidential sex education blog, Daily Dot, Huffington Post, TBD Health, and others.

Venessa Farn is an AASECT-certified sex therapist and is a licensed professional counselor in Wisconsin. She is also a Certified Canadian Counselor in Edmonton, Canada. She completed her MSc in Counseling at UW-Whitewater in 2009 and completed the Sexual Health Certificate Program at U-Michigan in 2018. She maintains a private online practice in Wisconsin and also practices at a sex therapy clinic in Edmonton. She also provides direct service to clients at the CHEW Project, a drop in center that supports at-risk 2SLQBTQ+ youth and emerging adults.

References:

Darnell, C. (2020). Tending to painful sex: applying the neuroscience of trauma and anxiety using mindfulness and somatic embodiment in working with genito-pelvic pain and penetration disorders. *Sexual and Relationship Therapy*, https://doi.org/10.1080/14681994.2021.1881771.

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Langknect, E. (2022, July 1). *Now more than ever: sex toys and social justice in the digital age.* Retrieved from UBC Theses and Dissertations: https://open.library.ubc.ca/soa/cIRcle/collections/ubctheses/24/items/1.0406217

Thouin-Savard, M. I. (2019). Erotic Mindfulness: A Core Educational and Therapeutic Strategy in Somatic Sexology Practices. *International Journal of Transpersonal Studies Vol 38, Issue 1*, https://doi.org/10.24972/ijts.2019.38.1.203.

Saving Ryan's Privates

1 CE credit

Abstract:
Your client did everything right: a long and hard password, the thing that sends a code to their phone, and they even used a VPN (even though you don't know what it does but that girl on Youtube said it keeps hackers away). Everything, and yet…there they are: those full frontals they sent to their SO 3 years ago, now splayed across some website with a weird name like "Coomer.party." How did this happen? You don't know, but Johnny does. Come sit in as he discusses the nonexistence of privacy, the most common methods of theft of private photos, and what you can teach your clients to do about it.
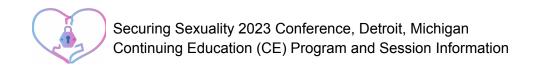
Learning Objectives
At the end of this session, participants will be able to:

- Describe the infrastructure and pervasiveness of Cloud Storage used for telehealth services, client information, professional records, and personal profiles.
- Define basic Object-Capability Security concepts such as the Principle of Least Privilege and Ambient Authority and explain these concepts to clients during digital health psycho-education.
- Apply at least two basic methods of determining attack surface and threat landscape for protecting sensitive items and explain these concepts to clients during digital health psycho-education.

About the Presenter:
Johnny Xmas is a predominant personality in the Information Security community who has been sharing his security research and knowledge in these public forums since 2002. He is most well-known for his work on the American TSA Master Key leaks between 2014 and 2018 and the Venmo stalking exposures in 2018. Currently the Technical Director of Cybersecurity Training with Grimm Cyber (https://grimmcyber.com), he has formerly partnered with Australian firm 'Kasada' to defend against sneakerbots and was the lead consultant on Uptake Technologies' Industrial Cybersecurity Platform. Prior to this, he spent many years in the field as a penetration tester, focusing heavily on both IT and physical security of financial and medical facilities, Security Engineer for a global Fortune 500 retail corporation, and Mainframe auditor and Systems Engineer for several IT asset recovery firms.

References:

DiTullio, M. C., & Sullivan, M. M. (2019). A Feminist-Informed Narrative Approach: Treating Clients Who Have Experienced Image-Based Sexual Abuse. *Journal of Feminist Family Therapy, Vol 31 Issue 2-3*, 100-113.

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Pro-Social Sadism: Using Techniques of Trolling to Combat Online Consent Violations

1 CE credit

Abstract:
In this talk, kink educator and performance artist Midori will discuss her first-hand experiences as a public-facing sexuality educator and the unwanted attention her work attracts. Through the use of humor, communications technologies such as Google Translate and Chat GPT, and clearly defined opt-in consent language, Midori has created a new framework for responding to inappropriate online messages that has helped her (and many others) recontextualize these encounters from wounding moments of fear and frustration into something empowering and even educational. Join Midori as she shares some of her best examples of "pro-social trolling" and explores the ways in which intentional subversion of how we are supposed to respond to verbal violations has created new opportunities for her to teach about consent in online spaces. Come prepared to laugh… everyone featured in this presentation consented to being used for your amusement.

Learning Objectives
At the end of this session, participants will be able to:

- Define pro-social sadism and offer at least three examples of pro-social sadism in everyday life.
- Assess the strengths and drawbacks of using assistive communicative technologies such as Google Translate and Chat GPT in online communication both personally and for professional purposes such as case notes and treatment planning.
- Analyze the ethical considerations at play when sending or receiving nonconsensual messages via social media, email, or other online forums and explain these concepts to clients during digital health psycho-education.
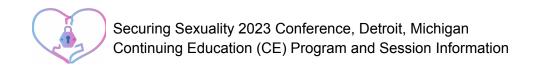
About the Presenter:
Trailblazing educator, artist, and irritant to banality, Midori teaches, coaches, and consults on alternative sexuality, BDSM, Shibari cultural competency, and joyful empowerment through D/s and thoughtful kink. She began teaching in the mid 90's in San Francisco and shortly after established her company Fire Horse Productions. Midori is known for having penned the first English instruction book on Shibari, "Seductive Art of Japanese Bondage" in 2001, paving the way for the popularity of rope today.

Midori founded Rope Dojo in 2002 and ForteFemme: Women's Dominance Intensive in 2004. in 2020 she launched the monthly deep dive discussion youtube program Consent Dojo. Currently, she is working on a follow-up book about Shibari and strategies for engaged play. Midori is the Co-Director of Curriculum for Kink Informed Certification, part of the Sexual Health Alliance, training therapists and helping professionals to provide safe, compassionate, and inclusive service to their clients.

She is the recipient of the 2022 Humanitarian Award from the American Association of Sex Educators Therapists & Counselors (AASECT) and the 2022 Effing Foundation Grant, along with having been honored with a Sainthood by The Sisters of Perpetual indulgence. She also authored "Wild Side Sex," "Master Han's Daughter," "Toybag Guide to Foot and Shoe Worship," and "Silk Threads."

References:

Erickson, J. M., & Sagarin, B. J. (2021). The prosocial sadist? A comparison of BDSM sadism and everyday sadism. *Personality and Individual Differenes, Vol 176*, https://doi.org/10.1016/j.paid.2021.110723.

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March, E., & Wagstaff, D. L. (2017). Sending Nudes: Sex, Self-Rated Mate Value, and Trait Machiavellianism Predict Sending Unsolicited Explicit Images. *Frontiers in Psychology, Vol 8*, https://doi.org/10.3389/fpsyg.2017.02210.

Marcotte, A. S., Gesselmn, A. N., Fisher, H. E., & Garcia, J. R. (2021). Women's and Men's Reactions to Receiving Unsolicited Genital Images from Men. *The Journal of Sex Research 58(4)*, 512-521.

It All Begins with NO: Navigating the Spectrum of Consent in the Modern Tech Age

1 CE credit

Abstract:
This presentation explores how violations of the erotic occur within personal and professional spaces and describes the consequences that follow. One underappreciated and under acknowledged consequence is 'feeling violated' or feeling you violated another. This emotionally devastating experience is defined as the grey area existing between consent and assault, which is further complicated in the age of modern technology where boundaries become more inexplicit.

To confront and prevent further psychological injury in an already under-attended area within interpersonal relationships, it is necessary to examine the intersectionality of consent and technology in this evolving technological landscape. Not only can consent be violated, the nature of such violations may extend beyond intentionality and/or awareness. This can include permissions existing around the right to record, view, or distribute private and/or public acts of eroticism. In a public performance this can shift from performer to performer and from audience member to audience member and may include any type identifying information shared via audio, film, or other medium. Technology also opens up a more nuanced space of rescinding consent following the dissolution of personal and/or professional relationships. Finally, consent is examined against the backdrop of professional boundaries and ethics. As more industries seek to research, educate, teach, and counsel, professionals face the challenge of managing erotic autonomy with professional responsibility.

We must challenge the binary approach to discussing consent or non-consent and need to reframe the conversation into a spectrum of experiences: consent, feeling violated, fearing you violated someone, assault. Approaching consent in this way allows for a more comprehensive understanding of the complexity encompassed within consent in an increasingly complicated and interconnected world. Consent will continue to be a dynamic experience. It requires a tailored approach. More than rehearsing a generalized and prescribed no, it is important to connect with how consent embodies each person and each opportunity to give consent. When you can have full emotional and physiological awareness of how consent inhabits your body, you gain access to your resolve and the voice that ultimately utters "no." Owning your "no" strengthens self-worth, boundaries, autonomy, and personal preference. It reduces the chance of encountering violating experiences and helps navigate when such an experience cannot be avoided.

Learning Objectives

At the end of this session, participants will be able to:

- **I**dentify at least three ways consent can be violated through the use of technology and explain these concepts to clients during social media, relationship negotiation, and digital health psycho-education.
- Define each element within the spectrum of consent and explain this framework to clients.
- Describe how to tailor individual consent with the use of body scanning and guide clients through this process in session.

About the Presenter:

Dr. Jasmonae Joyriel is a licensed psychologist and the founder of Ignite Anew and a therapy practice working with professionals and couples on sex and intimacy, life changes, and career stress. She received her M.A. from Northwestern University and her PsyD from the University of Denver. Dr. Joyriel aspires to increase access to transformative discussions surrounding mental wellness, sex and intimacy, and igniting your life anew!

References:

Brady, G., Lowe, P., Brown, G., Osmond, J., & Newman, M. (2018). 'All in all it is just a judgement call': issues surrounding sexual consent in young people's heterosexual encounters. *Journal of Youth Studies, Vol 21, Issue 1*, 35-50 https://doi.org/10.1080/13676261.2017.1343461.

Lee, J., Gillath, O., & Miller, A. (2019). Effects of self- and partner's online disclosure on relationship intimacy and satisfaction. *PLOS One*, Effects of self- and partner's online disclosure on relationship intimacy and satisfaction.

Leitão, R. (2021). Technology-Facilitated Intimate Partner Abuse: a qualitative analysis of data from online domestic abuse forums. *Human-Computer Interaction. Vol 36, Issue 3*, 203-242.

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Friday, October 20th

A Digital Health Framework to Put Into Practice

Abstract:
Many clinicians, scholars, clients and lay people are worried about how one's engagement with technology is healthy or problematic. In this presentation, Dr. Markie, who is one of the scholars who coined the terms digital health (digihealth) and out-of-control digital behaviors (OCDB), provides a framework for digihealth and related guidelines. In addition, Dr. Markie reviews a definition of OCDB and a framework for addressing OCDB in clinical practice, as well as a case study that attendees will explore through the lens of digihealth.

Learning Objectives
At the end of this session, participants will be able to:

● Describe the definition and related principles of digital health (digihealth)
● Describe the concept of out-of-control-digital behaviors (OCDB)
● Apply digihealth concepts and principles in clinical practice through case study exploration.
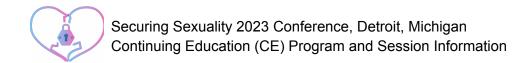
About the Presenter:
Dr. Markie L. C. Twist is Teaching Faculty at Antioch University New England working with doctoral and masters level couple and family therapy students in the Applied Psychology Program. Dr. Markie is a LMFT and LMHC, AAMFT Professional Member holding the Clinical Fellow and Approved Supervisor designations, and certified sexuality educator and supervisor through the AASECT. Dr. Markie serves as Editor-in-Chief of Sexual and Relationship Therapy. Website: drmarkie.com.
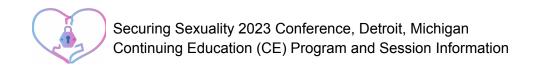
References
Hertlein, K. M., & Twist, M. L. (2018). Attachment to Technology: The Missing Link. *Journal of Couple & Relationship Therapy Vol 17, Issue 1*, 2-6.
Moreno, M., Riddle, K., Jenkins, M. C., Singh, A. P., Zhao, Q., & Eickhoff, J. (2022). Measuring Problematic Internet Use, Internet Gaming Disorder, and Social Media Addiction in Young Adults: Cross-sectional Survey Study. *JMIR Public Health and Surveillance, Vol 8, No 1*, https://doi.org/10.2196/27719.

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AI, Intimacy, and Ethics: A Philosophical Discussion

1 CE credit

Abstract:

With the advent of (and increased levels of popular attention focused on) generative AI such as Chat GPT and Replika, many persons are being exposed to more and more instances of AI convincingly approximating human behavior. Along with this, discussions centered on topics such as Replika's "romantic partner" mode continue to bring the intersections of AI and sexuality into light, making clear the importance of nuanced and reflective discussion of matters ranging from conceptions of personhood to definitions of "sex" to the ethics of imaginative engagement and beyond.

In this presentation, I circumscribe and address two considerations that arise upon considering the intersections of AI and sexuality. First: under what conditions would (or could) an AI qualify as a genuine sex partner, rather than a mere sex toy? And second: what are the relevant ethical considerations of treating an AI as a genuine sex partner? In addressing these two questions, I'll argue further that the answer to the second is, strictly speaking, independent of how we answer the first, insofar as ethical considerations of the sort arise even if it is established that no AI could ever qualify as a genuine sex partner. (This is simply due to the rather mundane fact that people can act in ethically evaluable ways even when operating under false beliefs.)

As we navigate potential answers to the above questions, we will also address: how should we best understand consent (and consent violations) in the context of someone having (or believing that they are having) partnered sex with generative AI? In exploring this question, we'll draw on literature pertaining to the ethics of engagement with videogames and other instances of what are sometimes referred to as "self-involving interactive fictions." The resulting discussion will illuminate interesting nuances that reveal themselves upon taking seriously questions that combine critical reflection on imaginative engagement with reflective application of concepts of consent.

Learning Objectives
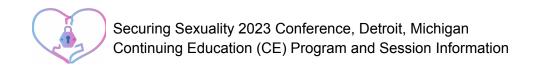At the end of this session, participants will be able to:

- Describe the concepts of AI and sexual personhood as they relate to their clients understanding of intimacy and digital health.
- Apply these concepts in the context of clinical work focused on clients' relationships with technology and AI.

- Explain the concept of consent in perceived cases of AI-involving partnered sex to clients during digital health psycho-education.

About the Presenter:
Ley David Elliette Cray, PhD, CSC, ABS (she/they) is an author, certified sexologist, LGBTQIA+ consultant, BDSM educator, contemplative bodyworker, and professional game master based out of Las Cruces, New Mexico. She currently serves as LGBTQIA+ Curriculum Coordinator and co-facilitator of the Kink-Informed Certification program for the Sexual Health Alliance and is the founder of Transentience Coaching, through which she aids clients facing existential struggles related to gender, sexuality, relationships, and identity. Ley has provided expert voice for Care.com, Healthline, Mindbodygreen, Verywell Health, Yoga Digest, and more, with her essays on gender and queer identity appearing in Aesthetics for Birds, ANMLY, and Just Femme & Dandy. A former (tenured) professor of Philosophy, Ley continues to publish scholarly articles on topics ranging from gender aesthetics to social ontology and more in a range of peer-reviewed journals.

References:
Dube, S., Santaguida, M., Anctil, D., Zhu, C. Y., Thomasse, L., Giaccari, L., . . . Johnson, A. (2023). Perceived stigma and erotic technology: From sex toys to erobots. *Psychology & Sexuality, Vol 14, Issue 1*, 141-157.

McArthur, N., & Twist, M. L. (2017). The rise of digisexuality: Therapeutic challenges and possibilities. *Sexual and Relationship Therapy, Vol 32, No 3-4*, 334-344.

Shank, D. B., Graves, C., Gott, A., Gamez, P., & Rodriguez, S. (2019). Feeling our way to machine minds: People's emotions when perceiving mind in artificial intelligence. *Computers in Human Behavior, Vol 98*, 256-266.

A Virtual Reality: Securing Navigating Nonmonogamy in a Digital Society
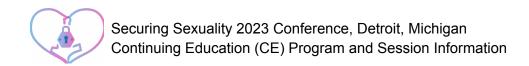
1 CE credit

Abstract:
Online options for emotional, romantic, sexual, and communal connections are ever-increasing and ubiquitous: Instagram. AdultFriendFinder. Feeld. OnlyFans. Facebook. Telegram. MeetUp. Hinge. Skype. Kasadie. Signal. Zoom. Tinder. Patreon. WhatsApp. Submit. OKCupid. Snapchat. iMessage. FetLife. Grindr. SMS. At the same time, there are rising concerns about nonconsensual data collection and personal safety amidst rampant cybercrime, technology-assisted sexual violence, and the ever present surveillance economy. This potentially treacherous digital terrain, paired with apathy or a lack of knowledge of their risks, often leaves people without the information they need to make fully-informed and safe choices.

Being secure means to be free from exposure to danger or harm; safe, to the best of our individual and collective abilities. Navigating consensual nonmonogamy (CNM) in today's digital world requires intentional choices focused on security, both in the use of technology and in building connections with others. Intentionality is an important aim in navigating the digital world and in making conscious and informed decisions in how we connect to others. This talk will present ideas on how to increase the healthy ways to meet our needs in emotional, physical, and sexually intimate relationships while also addressing the need to improve our online safety practices. Join a certified sex therapist and a cybersecurity professional as we discuss ways to build relationships, find like-minded people, and keep a focus on safety and security in digital spaces, with information pulled from our professional and personal experiences.

Learning Objectives
At the end of this session, participants will be able to:

- Describe benefits of social media to foster connection and community for CNM and other sexual minority clients.
- Describe potential risks and threats to marginalized populations due to technology use.
- Describe specific practices that may be used to increase security for marginalized clients while using technology.
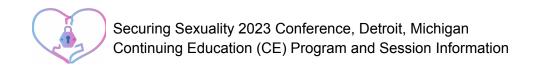
About the Presenter:

Amanda Jepson (she/her) is one of the co-founders of Respark Foundation—a 501(c)(3) non-profit serving survivors of sexual harm, a Clinical Therapist at the University of Colorado-Colorado Springs Veterans Health and Trauma Clinic at the Lyda Hill Institute for Human Resilience, and an adjunct lecturer for the University of Colorado-Denver. She is a Licensed Professional Counselor, ASSECT-certified Sex Therapist, Certified Sexologist, and Approved Clinical Supervisor who has been working with survivors of trauma for over a decade. She specializes in combat trauma, physical or sexual abuse, sexual assault, and vicarious trauma as well as helping clients navigate issues and interests related to sex, sexuality, consensual nonmonogamy, and kink. She is passionate about empowering her clients as they reclaim their whole selves, providing consultation to both seasoned and new providers, and being a sex-positive provocateur in clinical and educational spaces

Brian Stearns has worked for 25 years in technical instruction and systems & software engineering. He earned his MS in Operations Research from George Mason University and has since developed broad, deep experience across the public and private sectors in information security, digital forensics, and secure communications. His work has taken him across many areas of the Global South, including northern Africa, the Levant, and Southwest Asia. As parts of our global society shift into deeper division and inequity, Brian founded the Institute for Secure Activism in order to better focus his skill set on supporting activists, organizers, and protesters who advocate for social justice for LGBTQIA+, BIPOC, and other marginalized communities.

References:

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Moors, A. C., Gesselman, A. N., & Garcia, J. R. (2021). Desire, Familiarity, and Engagement in Polyamory: Results From a National Sample of Single Adults in the United States. *Frontiers in Psychology Vol 12*, https://doi.org/10.3389/fpsyg.2021.619640.

Paccagnella, L. (2020). Social network sites as empowerment tools in consensual non-mongamies. the case of polyamory in Italy. *First Monday, Vol 25, No*, https://doi.org/10.5210/fm.v25i2.10126.

Building a Consent-Based Internet: Leveraging Blockchain for Deepfake Protection
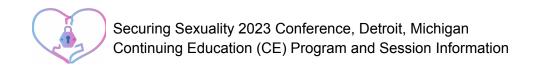
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Abstract:
In recent years, the rise of deepfake technology has posed significant challenges to the integrity and authenticity of digital media. Deepfakes, realistic synthetic media created using artificial intelligence techniques, can manipulate visual and audio content to deceive viewers and spread misinformation. As deepfakes become more sophisticated and accessible, it is crucial to develop effective countermeasures to combat their potential negative consequences. This presentation explores the utilization of blockchain technology as a powerful tool to prevent the proliferation of deepfakes, content abuse, misuse, and harm.

The presentation begins by providing a comprehensive overview of deepfake technology, highlighting its potential implications across various domains such as politics, journalism, and entertainment. It emphasizes the urgent need for reliable methods to detect, trace, and authenticate digital content to mitigate the risks associated with deepfakes.

Next, the focus shifts to blockchain technology and its unique characteristics that make it a promising solution for deepfake prevention. The decentralized and immutable nature of blockchain offers inherent advantages for establishing trust and ensuring the integrity of digital assets. The presentation delves into specific techniques and methodologies that utilize blockchain to combat deepfakes effectively. This includes exploring the use of blockchain for content certification and timestamping, enabling the verification and authentication of digital media throughout its lifecycle. Additionally, the integration of decentralized consensus algorithms and smart contracts can enhance the traceability and accountability of content creators, reducing the potential for malicious deepfake manipulation.Furthermore, the presentation examines the challenges and limitations associated with implementing blockchain technology for deepfake prevention. It addresses scalability concerns, privacy considerations, and the balance between decentralization and usability. By understanding these obstacles, we can identify potential solutions and research directions to overcome them.

With reference to clinical work,this presentation aims to shed light on the potential of blockchain technology as a robust solution for preventing the spread and impact of deepfakes. By leveraging the inherent security and transparency of blockchain, we can build a more trustworthy digital environment, safeguarding the authenticity of media content and protecting clients and society from the harmful consequences of deepfakes.

Learning Objectives

At the end of this session, participants will be able to:

- Explain how blockchain can be used to support copyright law in favor of content creators, including clinicians and educators offering mental health content online.
- Describe how blockchain can be used to prove originality, fixation, creation for immutable proof of ownership and explain these concepts to clients during digital health psycho-education.
- Describe at least three ways to balance privacy & decentralization when securing sensitive content and explain these concepts to clients during digital health psycho-education.

About the Presenter:

Maya Brooks is an Award-Winning Product Manager, Educator, Speaker, and Entrepreneur in New York City. An ex financial analyst turned web developer turned product manager, she's spent the bulk of her career at the intersection of FinTech and EdTech leveraging her product, technical, and operating expertise. Currently, Maya is an MBA Candidate at Harvard Business School and is building Privy Photos, a blockchain-enabled platform to protect content from leaks and abuse. Maya is also the Co-Organizer of Blockchain NYC, the largest local meetup of blockchain enthusiasts in the New York Area (10K+ members) where she develops programming around Web3 Consumer Tech & Diversity & Access. Maya earned her Bachelor's degree in Economics from New York University and holds professional certifications in Web Development, JavaScript, Python, Blockchain, and Cybersecurity. Distinguished fellowships include The Harvard Business School Arthur Rock Summer Fellowship and the Gitcoin Kernel Block Fellowship (Block 7).

References:

Murphy, G., & Flynn, E. (2022). Deepfake false memory. *Memory Online: Remembering in the Age of the Internet and Social Media Vol 30, Issue 4*, 480-492.

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Rousay, V. (2023). *Sexual Deepfakes and Image-Based Sexual Abuse: Victim-Survivor Experiences and Embodied Harms.* Cambridge, MA: Harvard University Dissertations Publishing.

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Where Are We Going, and Why Are We In This Handbasket?

1 CE credit

Abstract:
This keynote talk will cover recent developments on some of the most important fronts in the fight to protect digital civil liberties: abortion access and care, trans rights, the protection of domestic abuse survivors, and the speech rights and safety of sex workers. It will discuss recent court rulings, both big wins and disappointing losses, legislation, efforts at regulation, the role of social media and tech companies, and the latest in digital privacy and security advice. Finally, this talk will look to the future and address the ways in which we can meet upcoming threats using all of the tools we have at our disposal, ranging from lawsuits to activism to counter-surveillance techniques.

This talk will be relevant to clinicians who work with sexual minority clients that face digital privacy and civil liberties issues.

Learning Objectives
At the end of this session, participants will be able to:

- Describe recent legal and regulatory developments and distinguish between major victories and setbacks in these areas.
- Assess the role of technology and social media platforms on the current state of digital privacy and security.
- Describe strategies and tools that can be employed to address threats to digital civil liberties.

About the Presenter:

Eva Galperin is the Electronic Frontier Foundation's Director of Cybersecurity. Prior to 2007, when she came to work for EFF, Eva worked in security and IT in Silicon Valley and earned degrees in Political Science and International Relations from SFSU. Her work is primarily focused on providing privacy and security for vulnerable populations around the world. To that end, she has applied the combination of her political science and technical background to everything from organizing EFF's Tor Relay Challenge, to writing privacy and security training materials (including Surveillance Self Defense and the Digital First Aid Kit), and publishing research on

malware in Syria, Vietnam, Lebanon, and Kazakhstan. Since 2018, she has worked on addressing the digital privacy and security needs of survivors or domestic abuse. She is also a co-founder of the Coalition Against Stalkerware.

References:

Erickson Cornish, J. A., Smith, R. D., Holmberg, J. R., Dunn, T. M., & Siderius, L. L. (2019). Psychotherapists in danger: The ethics of responding to client threats, stalking, and harassment. *Psychotherapy 56(4)*, 441-448. https://doi.org/10.1037/pst0000248.

Kamal, M., & Newman, W. J. (2016). Revenge Pornography: Mental Health Implications and Related Legislation. *Journal of the American Academy of Psychiatry and the Law, Vol 44*, 359-367.

Marwick, A. E., Blackwell, L., & Lo, K. (2016). Best practices for conducting risky research and protecting yourself from online harassment. *Analysis & Policy Observatory*, apo-nid141976.pdf.

Reed, E., Salazar, M., Behar, A. I., Agah, N., Silverman, J. G., Minnis, A. M., . . . Raj, A. (2019). Cyber Sexual Harassment: Prevalence and association with substance use, poor mental health, and STI history among sexually active adolescent girls. *Journal of Adolescence, Vol 75*, 53-62.

10,000 Years of Cybersex

1 CE credit

Abstract:
This historical retrospective will explore the evolution of erotic imagery from 7200 BCE until today. We will discuss the role that erotica has played in the development of technology as well as the way that technology has been used to foster connection, romance, and sexuality. In addition to a timeline-style discussion of erotica, we will discuss current sociological and psychological perspectives of cybersex and teledildonics, and the relevance of this to clinical work today. This session contains adult content- including photographs and video- and is not appropriate for attendees under 18.

Learning Objectives
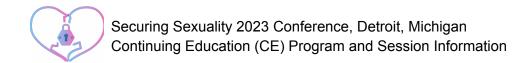At the end of this session, participants will be able to:

- Describe the erotification of technology, its impact on innovation, and how this impacts our clients' relationships to technology and each other.
- Analyze technologies through the lens of pleasure equity and intimate justice and to offer appropriate guidance to their clients regarding these tools.
- Identify and explain three ways in which mainstream technologies can be used to support intimate and relational connections between users.
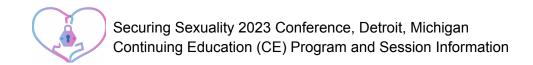
About the Presenter:
Award-winning author of The Leather Couch: Clinical Practice with Kinky Clients, the advanced practice sequel, Kink-Affirming Practice: Culturally Competent Therapy from The Leather Chair, and With Sprinkles On Top: Everything Vanilla People and Their Kinky Partners Need to Communicate, Explore, and Connect; Stefani describes herself as an expert on the edges and a bridge builder between the margins and the mainstream. An expert in working with Gender, Relationship, and Sexuality Differences, as well as with those from minority religious traditions, Stefani is a Certified Sex Therapist, a Board Certified Diplomate of Sexology and an expert voice for Cosmopolitan, The New Yorker, The New York Post, Shape, Women's Health, Marie Claire, The American Spectator, and many more.

References:
Barrense-Dias Y, Berchtold A, Suris JC, Akre C (2017). Sexting and the definition issue. J Adolesc Health;61(5):544–54. https://doi.org/10.1016/j.jadohealth.2017.05.009.

Caesar, A. (2023). Sexuality on the Internet: Identity Exploration, Cybersex, and Sexting. *Teens, Screens, and Social Connection*, 103-111.

Choudhary, A. (2019). Cybersex. In R. T. Gopalan, *Intimacy and Developing Personal Relationships in the Virtual World* (pp. 201-212). Hershey, PA: IGI.

Wéry, A., & Billieux, J. (2017). Problematic cybersex: Conceptualization, assessment, and treatment. *Addictive Behaviors, Vol 64*, 238-246.

Sex-Positive Victims Rights: Ethical Considerations for Practitioners and Technologists

1 CE credit

Abstract:
In this talk, victims rights advocate Norma Buster will discuss her first-hand experience going from being a survivor of stalking and image-based sexual abuse, to the Director Client Relations at C.A. Goldberg, PLLC, a victims rights law firm in Brooklyn. She will explain how she found reclamation and healing through activism, podcasting, and online sex work as an OnlyFans creator, and will expand on the complexities of navigating tech and sexuality as a survivor and advocate.

Norma will bring you into her world, examining a few cases C.A. Goldberg has brought challenging big tech companies and their lack of accountability to date for extreme harms caused to individual. This discussion will be through the lens of direct services to victim and the transformative impact litigation can have on individuals ready to take on Goliaths. (It is not a discussion about legal advice.) Norma will list some clear problems with the way big tech companies operate and issues they need to tackle for user safety. We must demand that tech companies step up to the plate.

Victims rights must be sex-positive, period. We will examine what this means in practice, from approaching every individual's story with a nonjudgmental, trauma-informed approach, to understanding the spectrum of the sex trade and *why* this is important for helping victims. Norma shares lessons she's learned over the years listening to, processing, and translating the stories of thousands of victims in her career. Finally, we'll discuss the aftermath of victimhood – the impacts of tech-facilitated abuse and factors into a survivor's healing path, and what survivors need.

Learning Objectives
At the end of this session, participants will be able to:

- Define tech-facilitated abuse and describe the harms that defective tech can cause.
- Identify at least two current practices of Big Tech that facilitate the proliferation of abuse.
- Describe the importance of a sex-positive and trauma-informed approach to working with victims/survivors.

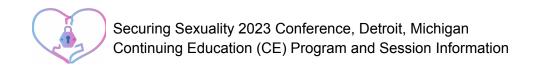**About the Presenter**
Bio Coming Soon!
References

Harris, B.A. (2020), "Technology and Violence Against Women", Walklate, S., Fitz-Gibbon, K., Maher, J. and McCulloch, J. (Ed.) *The Emerald Handbook of Feminism, Criminology and Social Change* (*Emerald Studies in Criminology, Feminism and Social Change*), Emerald Publishing Limited, Bingley, pp. 317-336. https://doi.org/10.1108/978-1-78769-955-720201026

Dragiewicz, Molly, Harris, Bridget, Woodlock, Delanie, Salter, Michael, Easton, Helen, Lynch, Angela, Campbell, Helen, Leach, Jhan, & Milne, Lulu (2019) *Domestic violence and communication technology: Survivor experiences of intrusion, surveillance, and identity crime.* The Australian Communications Consumer Action Network (ACCAN), Australia.

Rogers, M. M., Fisher, C., Ali, P., Allmark, P., & Fontes, L. (2023). Technology-Facilitated Abuse in Intimate Relationships: A Scoping Review. *Trauma, Violence, & Abuse*, *24*(4), 2210-2226. https://doi.org/10.1177/15248380221090218

PenzeyMoog, E. and Slakoff, D.C. (2021), "As Technology Evolves, so Does Domestic Violence: Modern-Day Tech Abuse and Possible Solutions", Bailey, J., Flynn, A. and Henry, N. (Ed.) *The Emerald International Handbook of Technology-Facilitated Violence and Abuse* (*Emerald Studies In Digital Crime, Technology and Social Harms*), Emerald Publishing Limited, Bingley, pp. 643-662. https://doi.org/10.1108/978-1-83982-848-520211047

Harkin D and Merkel R. (2022). Technology-Based Responses to Technology-Facilitated Domestic and Family Violence: An Overview of the Limits and Possibilities of Tech-Based "Solutions". *Violence Against Women*. 10.1177/10778012221088310. 29:3-4. (648-670). Online publication date: 1-Mar-2023. http://journals.sagepub.com/doi/10.1177/10778012221088310

Kinks In the System: Highlighting the Impact of Educational Gaps When Working with Erotically Marginalized Communities

1 CE credit

Abstract:
Mental health practitioners throughout the U.S. are required to complete a Master's degree in Counseling Psychology or a related field in order to be eligible for licensure. Limited research has been conducted on the prevalence of human sexuality education within Master's level programs; however, the content of courses that do exist tend to focus almost exclusively on disease and infection as well as sexual problems (sexual disorders, sexual violence), rather than on diverse sexual expression and erotically marginalized communities. Various studies have revealed that up to 68% of the population either have participated in or fantasized about kink and that up to 20% of the population has engaged at some point in non-monogamy; thus, it is critical that mental health practitioners are prepared to serve these and other erotically marginalized populations. The question is, are we truly prepared to do so? By examining original and existing research, this session will address why it is so vital to fill these gaps in knowledge, how to attain said knowledge, and the next steps for pushing toward changing our educational systems.

Learning Objectives
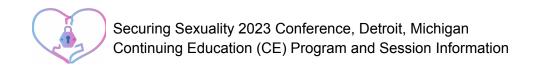At the end of this session, participants will be able to:

- Describe the impact that educational gaps have on quality of mental health care for erotically marginalized communities/community members.
- Identify at least three proactive steps clinicians can take to provide inclusive and affirming care for erotically marginalized communities/community members.
- Analyze their own educational deficits and identify opportunities for strategic continuing education.

About the Presenter:
Dr. Elyssa Helfer (she/her), founder of Elevated Healing Center and Healing With Elyssa, is an AASECT Certified Sex Therapist and Clinical Sexologist in the Los Angeles area. She has earned a Ph.D. in Clinical Sexology and an MA in Clinical Psychology with an Emphasis in Marriage and Family Therapy. Elyssa is a Licensed Marriage and Family Therapist serving clientele in California, Colorado, and Florida. As an Adjunct Professor at Antioch University- Seattle, Elyssa specializes in and teaches about working with erotically marginalized communities, primarily the kink population. In addition to her therapy practice, Elyssa creates and presents kink/BDSM- related

coursework and workshops, writes for Psychology Today, and is a Research Associate at The Alternative Sexualities Health Research Alliance (TASHRA).

References:

Ferenchak, S. (2022). *De-pathologizing BDSM: Towards an Integrated Kink-Affirmative Acceptance and Commitment Therapy Model.* Chester, PA: Widener University Dissertations Publishing.

Sprott, R. A., Randall, A., Davison, K., Cannon, N., & Witherspoon, R. G. (2017). Alternative or Nontraditional Sexualities and Therapy: A Case Report. *Journal of Clinical Psychology Vol 73, Issue 8*, 929-937.

Williams, D. J., & Sprott, R. (2022). Current biopsychosocial science on understanding kink. *Current Opinion in Psychology Vol 48*, https://doi.org/10.1016/j.copsyc.2022.101473.

Yates, S. M., & Neuer-Colburn, A. A. (2019). Counseling the Kink Community: What Clinicians Need to Know. *Journal of Counseling Sexology & Sexual Wellness (1)1*, https://doi.org/10.34296/01011007.

The Birds, Bees, and Bytes: An Easy Introduction to Sextech Risks and Protections

1 CE credit

Abstract:
It started before the modern web browser, before smart phones, before search engines and social media. It was 1993. An artist and a technologist connected people in Paris to Cologne in the first cybersex rig. Sextech quickly accelerated from there as our technology evolved. Today it encompasses applications, devices, and online platforms designed to enhance sexual experiences and revolutionize the way individuals explore their sexuality. And yet. The fundamental flaws in all these technologies expose sextech to a number of vulnerabilities. Moreover, the very personal nature of how individuals interact with these devices brings its own concerns with privacy, consent, and safety. The interconnected nature of sextech and the internet demands a multi-disciplinary approach to our security. Beginning with the historical perspective of the 1993 experiment and surveying the last thirty years, this session provides an accessible introduction to technical risks when evaluating sextech. The audience will be equipped to create their personal risk framework to protect their pursuits of pleasure.
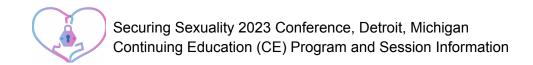
Learning Objectives
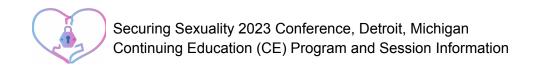At the end of this session, participants will be able to:

- Describe a personal risk framework when it comes to the use of sextech and explain these concepts to clients during digital health psycho-education.
- Describe cybersecurity concepts and provide guidance to clients seeking to adopt responsible practices which prioritize safety and privacy.
- Apply ethical and digital health cybersecurity principles to professional practice across multiple disciplines, including mental health practitioners in their work with sexual minority clients.

About the Presenter:
Wolfgang is a cyber security strategist and an active part of the Michigan security community. He co-founded the OWASP Detroit chapter and organizes the annual Converge and BSides Detroit conferences. Wolfgang has held roles such as the Vice President of Consulting, Security Officer, and Vice President of Technology Services. He regularly advises clients on topics ranging from risk management, incident response, business continuity, secure development life cycles, and more.

References:

Courtice, E. L., & Shaughnessy, K. (2017). Technology-mediated sexual interaction and relationships: a systematic review of the literature. *Sexual and Relationship Therapy, Vol 32, Issue 3-4*, 269-290.

Hertlein, K. M., & Ancheta, K. (2014). Advantages and Disadvantages of Technology in Relationships: Findings from an Open-Ended Survey . *The Qualitative Report, Vol 19, Article 22*, http://www.nova.edu/ssss/QR/QR19/hertlein22.pdf.

Murray, C. E., & Campbell, E. C. (2014). The Pleasures and Perils of Technology in Intimate Relationships. *Journal of Couple & Relationship Therapy Vol 14, Issue 2*, 116-140.

Doomsday Prepping Your Health Apps

1 CE credit

Abstract:

Our entire lives are now digital, including our healthcare lives. As we use wearables and online applications to record our biometrics, health activities, and healthcare decisions, the risk of that data being used without our consent and without our best interests gets higher and higher.

In this session, you will learn the current state of health apps and how technology companies are sharing information with governments. You will learn what to consider so that you may plan for and manage health outcomes in a way that ensures your decisions are private and secure.

Learning Objectives

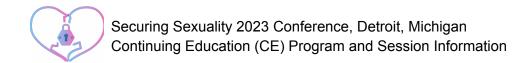At the end of this session, participants will be able to:

- Describe how health-tracking applications collect, store and share data and how these technologies can support, or become a barrier to, accessing healthcare.
- Explain and critique the current state of data sharing between health technology companies and governments and how this sharing impacts clients and providers.
- Identify at least three strategies providers and their clients can implement to protect healthcare privacy.

About the Presenter

Helen Patton is a security professional with two decades of experience in multiple industries. Previously she was the Chief Information Security Officer (CISO) for the Security Business Group at Cisco and a Cisco Advisory CISO. She was the CISO at The Ohio State University and had multiple risk and resiliency roles at JPMorganChase. Helen has a master's degree in public policy and has earned various security industry certifications. She serves on various security advisory boards and is a faculty member for security and leadership organizations. Helen advocates for more naps and is anti-bagpipes.

References:

Jones, N., & Moffitt, M. (2016). Ethical guidelines for mobile app development within health and mental health fields. *Professional Psychology: Research and Practice 47(2)*, 155-162 https://doi.org/10.1037/pro0000069.

Kotsopoulou, A., Melis, A., Koutsompou, V.-I., & Karasarlidou, C. (2015). E-Therapy: The Ethics Behind the Process. *Procedia Computer Science, Vol 65*, 492-499.

Sjöström, J., Ågerfalk, P., & Hevner, A. R. (2022). The Design of a System for Online Psychosocial Care: Balancing Privacy and Accountability in Sensitive Online Healthcare Environments. *Journal of the Association for Information Systems Vol 23, Issue 1*, 237-263.

Skorburg, J. A., & Yam, J. (2022). Is There an App for That?: Ethical Issues in the Digital Mental Health Response to COVID-19. *AJOB Neuroscience, 13(3)*, 177-190.

*Closing Plenary, Internet of Dongs Project

*No CE credit(s) awarded

Abstract:
The founder of and one of the researchers for the Internet of Dongs (IoD) are going to have an interactive session answering audience questions. This is your chance to ask questions about the IoD project, how exactly they hack adult devices, how IoD devices work, and safety questions around their manufacture. Profession and personal use of the devices. You can even ask what it is like to travel with the demo devices or what their parents think of this project!

About the Presenters
Brad "RenderMan" Haines has been hacking things his whole life, but has been doing it professionally for over 20 years. Based out of Edmonton, Alberta, Canada, he has done work to expose vulnerabilities in wireless networks, Government and corporate networks around the world, Air Traffic Control systems, and most recently, connected sex toys. He is the founder of the Internet of Dongs project (https://internetofdon.gs) where he and his wife, Circuitswan, work to educate consumers, retailers and the smart sex toy industry about safety and security issues before they become front page news.

Nicole Schwartz (a.k.a. CircuitSwan) speaks about DevSecOps, Agile, Diversity & Inclusion, and Women in Technology. She is currently a Product Manager at ActiveState, the deputy Chief Operating Officer in charge of Pre-Event Planning for The Diana Initiative, one of the organizers for the SkyTalks village at DEF CON, and one of the Security Researchers at Internet of Dongs. When not worrying about the above (rare) she is mom to a giant rabbit and 2 tuxedo cats while reviewing tea.